

Gosford 50+ Leisure & Learning Centre COVID-19 Activity Schedule



50+ Leisure
and Learning
Centres

Monday			
Time	Activity	Room	Max Participants
9-11	Handicraft	Verandah	5
	Knit & Katter	Room 3	15
	Art	Auditorium	12
	Origami	Auditorium	8
	Pencil Drawing (Beginners & Intermediate)	Auditorium	20
12-1	Tai Chi (PH) \$8	Auditorium	20
1:30-3:30	Table Tennis (Bookings Required)	Auditorium	20
6-9	Central Coast Table Tennis Association (PH)	Auditorium	20

Tuesday			
Time	Activity	Room	Max Participants
9-11	Indoor Bowls (Bookings Required)	Auditorium	20
	Sit 'n' Sew	Room 3	15
1:30-3:30	Kara-U-oke (CH) (Bookings Required)	Auditorium	20
6:30-10:30	Ballroom Dance In (PH)	Auditorium	20

Wednesday			
Time	Activity	Room	Max Participants
9-10	Over 50s Fitness (PH) \$10	Auditorium	20
9-11	Mindful Art	Room 3	15
1-3	Scrapbooking	Room 3	15
	Line dancing (Bookings Required)	Auditorium	20



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6:45-8:45	Blue Suede Shoes (PH)	Auditorium	20
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Thursday

Time	Activity	Room	Max Participants
9-11	Darts	Room 3	15
9:30-12:30	Variety Social (PH)	Auditorium	40 (seat only)
1:30-2:30	Tai Chi - Advance (PH) \$10	Auditorium	20
5-9	Shall We Dance (PH)	Auditorium	20

Friday

Time	Activity	Room	Max Participants
9-11	Rumbalara Rebels	Room 3	15
9:30-11:30	Indoor Bowls (Bookings Required)	Auditorium	20
1:30-3:30	Table Tennis (Bookings Required)	Auditorium	20
7-11	Central Coast Leagues Club Ballroom Dance Club (2 nd Friday) (PH)	Auditorium	20

Saturday

Time	Activity	Room	Max Participants
9:30-2:30	Central Coast Cake Decorators Guild of NSW (4 th Saturday) (PH)	Room 3	15

Sunday

Time	Activity	Room	Max Participants
9:30-10:30	Yong Nian East Coast Tai Chi (PH)	Auditorium	20
2:30-7pm	The Grove Dance Group (PH)	Auditorium	20

(PH) denotes daytime private hirer during senior centre hours

(CH) denotes activity has been changed from original day or time

Disclaimer: Activity schedules are subject to change without notice



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