

Parker

stays safe



Parker Stays Safe
Central Coast Council
October 2019

2 Hely Street, Wyong
49 Mann Street, Gosford
ABN 73 149 644 003
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Paint Central Coast REaD is part of the Paint the Town REad initiative, an Early Literacy Community Capacity Building Program aimed at educating parents, carers and the community about the importance of reading, singing, playing drawing and talking with children every day from birth.

The aim of the program is to encourage all levels of the community to support the development of children's early literacy skills from birth, so they are prepared for learning when they start school.

Each time you talk, hug, sing and read with your child, new brain connections are formed and strengthened.

These daily activities lay the foundation for language development and communication skills to grow.

Literacy is a key success in life. Research shows that foundational skills learnt from ages 0-5 years are critical for developing literacy skills at school.



On Monday Parker goes to preschool. Parker waits for his
1 Mum so he can hold her hand while they walk to the car.



When they arrive at preschool, Parker and his Mum cross the road at the Zebra crossing.



On Tuesday Parker rides his bike on the bike path. He checks
3 his helmet is done up correctly before getting on his bike.



He keeps to the left so he doesn't bump into anyone. Parker rings his bell "ring ring".



On Wednesday Parker and his Dad go for a walk and use the
5 traffic lights to cross the road safely. He presses the button.



“Wait for the green man,” says Parker’s Dad. They hold hands and look both ways before crossing the road.



On Thursday Parker plays at home with his yellow ball. He
7 plays safely in the yard, away from the road.



Oh no the ball went over the fence! Parker and his Mum hold hands as they walk out the front to look for it.



On Friday Parker and his Dad go to the shops. Parker sits in
9 his car seat and puts on his seatbelt.



The shop carpark is very busy. Parker holds Dad's hand to stay safe. Look out for moving cars Parker!



On Saturday Parker travels in the car to the skate park.
11 "Click clack" he says as his dad does up his seatbelt.



Parker makes sure he is safe, before riding his scooter, he wears his knee and elbow pads and his helmet.



On Sunday Parker's friends come to visit. They play with his
13 yellow ball in the backyard.



It's time for Parker's friends to go home now. Parker stands on the veranda with Mum. "Bye Jack".



Parker has been very busy. He loves playing outdoors and
15 knows how to keep safe around roads. Do you?

Key Road Safety Messages

Pedestrian Messages

- Young children should always hold an adults hand when crossing the road, walking on the footpath and in car parks.
- If they can't hold your hand, make sure they hold on to a pram, trolley or your clothing.

Passenger Messages

- Buckle up safely and stay buckled up.
- Ensure children are in an age/size appropriate, approved child restraint.
- Always get children in and out of the 'Safety Door' (usually the left-hand rear kerbside door).
- Always sit children in the back seat. In a vehicle with two or more rows of seats, children under 4 years must not sit in the front seat. Children 4 - 7 years can only sit in the front seat if all the back seats are taken up by children under 7.

Safe Play Messages

- Children should play in a safe, fenced area away from driveways and the road.
- Make sure children wear a helmet when riding their bike or wheeled toy.

Child Restraints

- Children up to the age of 6 months must be secured in an approved rearward facing restraint.
- Children aged from 6 months old but under 4 years old must be secured in an approved child restraint with an inbuilt harness.
- Children from 4 but under 7 years of age must be secured in a forward facing approved child restraint with an inbuilt harness or an approved booster seat.
- Children from 7 but under 16 years of age who are too small to be restrained by a seatbelt, properly adjusted and fastened, are strongly recommended to use an approved booster seat (145cm or taller is the suggested minimum height to use an adult lap-sash seatbelt).
- Children in booster seats must be restrained by a suitable lap-sash seatbelt or an approved child safety harness.

References & Further Information

www.kidsandtraffic.mq.edu.au/

<https://roadsafety.transport.nsw.gov.au/stayingsafe/children/index.html>

www.childcarseats.com.au/

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